



20000 68th Ave W
Lynnwood, WA 98036-5999
www.edcc.edu

Student Name _____
Student ID _____

Program Description This program provides the foundation, knowledge and skills for effective work with individuals and families experiencing a variety of life issues. The focus of this degree is to equip students to successfully compete for entry level positions assisting and empowering consumers served by a variety of human services programs.

This Associate in Applied Science-T (AAS-T) in Human Services is a **107** credit professional technical degree with a core of general education courses commonly accepted in transfer. In general, professional-technical degrees are not designed for transfer to other colleges or universities. This degree will articulate to the Bachelor of Applied Science in Applied Behavioral Sciences at Seattle Central Community College.

Students seeking to transfer to degree programs other than those specifically designed for the AAS-T should consider the Associate of Arts or the Associate of Science degree, which are specifically designed for transfer to four-year colleges and universities.

Degree Outcomes Upon satisfactory completion of this degree, students will be able to

- Demonstrate an understanding of human development over the lifespan; its application to services and activities that might be provided to diverse consumer populations
- Demonstrate necessary skills for ethical and positive work with consumers, such as communication, group interaction, problem solving, and crisis management techniques
- Gather, assemble, and interpret data to determine consumers' strengths and barriers impacting their ability to overcome adversity or achieve valued life goals
- Identify and evaluate evidence-based practice methods, including principles, strategies and techniques that can be used to assist consumers in reaching their service goals
- Help consumers locate, access, develop and make use of supportive and helpful resources and opportunities in their social environment
- Apply their knowledge of key issues in their area of specialization in order to work in a range of community settings with a variety of consumer populations

Outcomes for Edmonds Community College degrees and certificates can be found in the online college catalog at the bottom of each degree or certificate. To find specific outcomes, click on the degree or certificate from the program list in the online catalog at <http://catalog.edcc.edu>.

Common Course Numbering Changes Please refer to www.edcc.edu/ccn for more information.

Social and Human Services

Human Services

Associate of Applied Sciences-T Degree

Program Requirements

2011-2012

Credit/Grade Requirements This AAS-T degree requires successful completion of a minimum of **107** credits as outlined. A minimum of **30** credits or one-third of the required credits, whichever is less, must be earned at Edmonds Community College. Students are required to maintain a minimum cumulative grade point average of 2.0 in all college-level courses.

General Education/Related Instruction Requirements Students who complete degrees or certificates of 45 credits or more are required to demonstrate learning in the following general education/related instruction areas: communications, computation/quantitative skills, and human relations/group interaction.

Cultural Diversity Edmonds Community College requires that students earning a degree or certificate of 45 credits or more meet the Cultural Diversity Requirement. Courses that satisfy this requirement are marked as “:CD” on the requirement sheet and/or “Meets Cultural Diversity Requirement” in the quarterly class schedule.

Students are advised to

- Consult with an SHS faculty adviser quarterly for course selection and completion of degree requirements and plan their schedule several quarters in advance. *Note: All decisions on selection of courses are ultimately the responsibility of the student*
- Review the college catalog for required course prerequisites and include these in schedule planning
- All students who intend to transfer should meet with an adviser of the college they plan to transfer to review exact and specific admission requirements

Graduation Application A completed Graduation Application form must be submitted to Enrollment Services by the 10th day of the quarter in which the student expects to graduate. Forms are available at Enrollment Services located in Lynnwood Hall, or online at www.edcc.edu/credentials/

Advisers The advisers for this program are
 Paul Ancona pancona@edcc.edu 425-640-1605
 Karen Townsend karen.townsend@edcc.edu 425-640-1595
 Tui Lindsey tui.lindsey@edcc.edu 425-640-1633

College Resources

Department Website	http://shs.edcc.edu/
Home Page	http://www.edcc.edu
How to Enroll	http://getstarted.edcc.edu
Transfer Center	http://transfer.edcc.edu
Advising appointments	425-640-1458
College Bookstore	http://bookstore.edcc.edu

Course			Qtr.	Credit	Grade
I. General Education/Related Instruction Requirements (19 credits)					
Communication Skills – 10 credits					
ENGL&	101	English Composition I	_____	5	_____
ENGL&	102	Composition II	_____	5	_____
Computation/Quantitative Skills - 5 credits					
MATH&	107	Math in Society	_____	5	_____
Human Relations/Group Interaction – 4 credits					
SHS	115	Interpersonal & Group Work	_____	4	_____
II. Distribution Requirements (10 credits)					
Natural Sciences (choose 5 credits from these lab sciences)					
ANTH&	215	Bioanthropology:CD	_____	5	_____
BIOL&	100	Survey of Biology	_____	5	_____
PHYS&	100	Physics for Non-Science Majors AND	_____	_____	_____
PHYS&	101	Physics Lab	_____	5	_____
Social Sciences (choose 5 credits)					
ANTH&	206	Cultural Anthropology:CD	_____	5	_____
PSYC&	100	General Psychology	_____	5	_____
PSYC&	220	Abnormal Psychology	_____	5	_____
SOC&	101	Intro to Sociology:CD	_____	5	_____
III. Core SHS Requirements (46 credits)					
ACD	140	Survey of Alcohol/Chemical Dependency	_____	5	_____
SHS	100	Orientation in Human Services	_____	1	_____
SHS	103	Intro to Human Services:CD	_____	5	_____
SHS	107	Time & Stress Management	_____	2	_____
SHS	113	Ethics for Social & Human Services Professionals	_____	3	_____
SHS	114	Interviewing & Counseling	_____	5	_____
SHS	117	Crisis Intervention	_____	2	_____
SHS	121	Case Management & Community Resources	_____	3	_____
SHS	145	Survey of Disabling Conditions	_____	4	_____
SHS	170	HIV/AIDS Training for Health Professionals	_____	1	_____
SHS	185	Human Growth & Development:CD OR	_____	_____	_____
EDUC	185	Human Growth & Development:CD OR	_____	_____	_____
SHS	186	Youth & Adolescent Development:CD	_____	5	_____
SHS	216	Advanced Counseling Methods	_____	5	_____
SHS	219	Working With Diverse Populations	_____	3	_____
SHS	260	Managing Difficult Behaviors	_____	2	_____
IV Career Management (10 credits)					
SHS	210	Pre-Practicum Seminar	_____	2	_____
SHS	211	Field Practicum	_____	4	_____
SHS	212	Advanced Field Practicum	_____	4	_____
V. Electives – (Choose a minimum of 22 credits)					
ACD	242	Pharmacology & Physiology for Alcohol & Drugs	_____	4	_____
ACD	245	Alcohol & Chemical Dependency Counseling	_____	3	_____
ACD	246	Chemical Dependency & The Family	_____	3	_____
ACD	247	Assessment & Case Management	_____	4	_____
ACD	249	Relapse Prevention	_____	2	_____
ACD	251	Youth Assessment & Treatment ACD	_____	3	_____
ACD	255	Special Topics	_____	1-2	_____
SHS	111	Social Issues Forum	_____	1	_____
SHS	112	Child & Family Welfare	_____	3	_____
SHS	116	Cognitive/Behavioral Therapies	_____	3	_____
SHS	119	Vocational Consulting:CD	_____	4	_____
SHS	135	Therapeutic Horticulture	_____	3	_____
SHS	140	Intro to Rehabilitation	_____	4	_____

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V. Electives – (Choose a minimum of 22 credits) – continued

SHS	151	Therapeutic Activities	_____	3	_____
SHS	161	Aging in America	_____	4	_____
SHS	162	Aging & Health	_____	3	_____
SHS	165	Death, Dying & Bereavement	_____	3	_____
SHS	186	Youth & Adolescent Development:CD	_____	5	_____
SHS	200	Substance Abuse Prevention	_____	3	_____
SHS	217	Family Focused Practice	_____	4	_____
SHS	218	Management of Adult Mental Illness	_____	4	_____
SHS	242	Medication & Their Management	_____	2	_____
SHS	244	Assessment & Evaluation: Mental Health	_____	2	_____
SHS	261	Creative Therapies	_____	2	_____
SHS	255	Special Topics	_____	1-2	_____
FSS	175	Intro to Family Support	_____	3	_____
FSS	186	Home Visiting skills	_____	2	_____
FSS	195	Building Partnerships	_____	3	_____
FSS	215	Family Systems:CD	_____	3	_____
HLTH	105	Emergency Response/CPR	_____	4	_____

NOTE

Through careful selection of elective courses, students may qualify for both an AAS-T and one of the Certificates offered by the Department after completing ninety credits of course work

Adviser's Signature	Date	Dean's Signature	Date